



*Third Realm Integration*

Phone: (857) 285-2251

Email: [info@thirdrealmintegration.com](mailto:info@thirdrealmintegration.com)

[maegan@thirdrealmintegration.com](mailto:maegan@thirdrealmintegration.com)

Website: <https://www.thirdrealmintegration.com>

**Awaken Your Heart's Wisdom**

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## **NEW CLIENT SCREENING QUESTIONNAIRE**

*Email your completed form to [info@thirdrealmintegration.com](mailto:info@thirdrealmintegration.com) along with any questions*

Please be sure to review the Third Realm Integration website [in full](https://www.thirdrealmintegration.com) before completing this form. Third Realm services are not covered by insurance.

Third Realm Integration cannot accept clients who are:

- Under the age of 28 (unless otherwise arranged)
- Prescribed the following medications:
  - Moderate-high dose antidepressants
  - Mood stabilizers
  - Anti-anxiety medications
  - Psychoactive pain medications (e.g., Lyrica and oxycodone)
  - Agonist treatment drugs
  - Stimulant ADHD drugs (e.g., Adderall or Ritalin)
- Currently using drugs and/or alcohol in a dependent/problematic way (exceptions may exist for cannabis and psychedelics only, depending on the person)
- Diagnosed with a psychotic disorder
- Actively suicidal
- Currently engaging in self-harming behaviors
- Diagnosed with a mental health disorder that would pose as a risk or barrier to this kind of care
- Less than 1 year recovered from drug/alcohol abuse
- Less than 1 year recovered from an eating disorder
- Less than 1 year recovered from any de-stabilizing psychiatric crisis

Name:

Age:

Phone number:

State:

Current occupation:

Services you are interested in:

Have you been psychiatrically stable for at least 1 year?

Current medications and supplements you are taking:

Tell me a bit about yourself:

*Third Realm Integration*

Heart Conscious Coaching & Consulting

Maegan Kenney, M.A.

Cell: (857) 285-2251

Email: [maegan@thirdrealmintegration.com](mailto:maegan@thirdrealmintegration.com)

Website: <https://www.thirdrealmintegration.com>