



Third Realm Integration

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Website: <https://www.thirdrealmintegration.com>

Awaken Your Inner Wisdom

NEW CLIENT QUESTIONNAIRE

Name:

Age:

Phone number:

Email address:

Location:

Occupation:

Services you are interested in:

Have you been psychiatrically stable for at least 1 year?

Current medications and supplements you are taking:

Tell me a bit about yourself:

Admission criteria for the archetypal integration track:

- Must be psychiatrically stable for a minimum of 1 year.
 - This includes substance abuse/misuse, eating disorders, psychiatric hospitalizations, suicidal ideation of any kind, self-harm, psychosis, etc.
- Most psychiatric medications, including cannabis, negatively interfere with one's capacity to engage in archetypal integration safely and effectively. However, those who are taking prescribed medications may meet admission criteria for alternative kinds of Third Realm services, like dream exploration and integration, breathwork, certain kinds of meditations, and energy healing. Clients will be considered on a case-by-case basis.
- Clients under the age of 28 must meet additional admission criteria. Reach out for details.
 - Adolescent integration services are part of the Film & Fairytale integration track only.
- If you are currently engaged in ketamine therapy, you may benefit from Third Realm work as an adjunct to your treatments. Sessions may include minimal processing of the ketamine experiences themselves. However, it's not a primary focus of the work given that the Third Realm model is not the same as ketamine-assisted psychotherapy. Please see website for more information.

Email your completed form to info@thirdrealmintegration.com with any additional questions.

*Thank you!
Maegan*

Third Realm Integration

Conscious Medicine Coaching & Consulting

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